

Poison Control Center - 1-800-222-1222

Emergency - 911

EMERGENCY INFORMATION SHEET

Post on your refrigerator or near your phone for quick access in emergencies

Full Name: John Doe

DOB: 02/20/1953

City/State: Gardendale, AL

EMERGENCY CONTACTS:

Name: Jane Doe

Phone: (205) 123-4567

Relationship: Daughter

Name: Jim Doe

Phone: (205) 564-7896

Relationship: Brother

MEDICAL INFORMATION:

Allergies:

None

Medical Conditions:

High Blood Pressure, High Cholesterol, Arthritis

Medications:

Pantropozole 25mg 1x, Atoravastatin 10mg 1x, Metformin 500mg 1x, Eliquis 5mg 2x

Doctors Name: Paul Pope

Phone: (205) 345-6789

Important Notes:

I have a living will and healthcare proxy.

KEEP THIS SHEET ON YOUR REFRIGERATOR